

Empowering Lives: A Study on the Adoption and Impact of Assistive Technologies for People with Disabilities in India

Savita G Rao

FPM Research Scholar ISBR Business School, Bangalore
savitagrao@rediffmail.com

Dr. Anand Shankar Raja M

Assistant Professor & Research Manager ISBR Business School, Bangalore dr.anand.manivannan@isbr.in

Dr. M.R. Jhansi Rani

Professor & Dy. Director Research ISBR Business School, Bangalore
dr.jhansirani@isbr.in

Abstract

Purpose: The purpose of this study is to examine the use of assistive technologies among people with disabilities (PWDs) in India, with the aim of understanding their adoption, the challenges faced, and their impact on daily living.

Design and Methodology: This research employs a mixed-methods approach, incorporating surveys and interviews conducted across diverse regions of India to gather comprehensive data on the use of assistive technologies by PWDs.

Findings: The findings reveal significant variations in the adoption and utilization of assistive technologies among PWDs, influenced by socio-economic status, geographical location, and type of disability. While advanced technologies such as screen readers, mobility aids, and communication devices benefit some individuals, others face substantial barriers to accessing and affording these tools. Challenges identified include limited awareness, inadequate training, high costs, and cultural and societal attitudes towards disability. Despite these obstacles, positive outcomes such as enhanced communication, increased independence, and improved access to education and employment opportunities were observed.

Research Limitations: The study is limited by its scope within India, which may not fully represent the situation in other countries. Additionally, the reliance on self-reported data may introduce bias.

Practical Implications: The study underscores the need for targeted policies and interventions to improve the accessibility and affordability of assistive technologies. Enhanced training programs and awareness campaigns are essential to increase the effective use of these technologies among PWDs.

Social Implications: Promoting the integration of assistive technologies can significantly enhance the quality of life for PWDs, fostering greater social inclusion and participation. Addressing societal attitudes and improving infrastructure support are critical for the broader acceptance and utilization of assistive technologies.

Originality and Value: This study adds to the growing body of literature on assistive technology utilization among PWDs in India, providing valuable insights for policymakers, practitioners, and stakeholders. It highlights the importance of concerted efforts to ensure equitable access to assistive technologies, thereby promoting the social inclusion and well-being of PWDs across the country.

Keywords: Assistive technologies, People with disabilities (PWDs), Adoption, Challenges, Accessibility and Empowerment

Introduction

The study of assistive technologies among people with disabilities (PWDs) in India is crucial in contemporary society. As technological advancements progress, there is a growing emphasis on leveraging these innovations to empower individuals with disabilities, thereby enhancing their quality of life and societal participation. This study aims to investigate the current landscape of assistive technologies and their utilization by PWDs in India, highlighting the challenges, opportunities, and potential for improvement in this domain. India, with its vast and diverse population, includes a significant number of individuals living with various disabilities. According to the World Health Organization

(WHO), approximately 15% of the world's population lives with some form of disability, with a considerable portion residing in India (*World Health Organization, 2011*). Despite efforts towards inclusivity and accessibility, PWDs in India often encounter barriers that impede their full participation in society (*Devi & Sarkar, 2019*). These barriers span physical, social, and economic aspects, underscoring the need for tailored solutions to address their unique challenges. Assistive technologies offer a promising avenue for mitigating the obstacles faced by PWDs, enabling greater independence, mobility, communication, and access to information (*Bhowmick & Hazarika, 2017*). These technologies encompass a wide range of devices, software, and tools designed to cater to diverse disabilities, including mobility aids, screen readers, speech recognition software, and communication devices (*Sharma & Kumar, 2017*). However, the adoption and utilization of assistive technologies among PWDs in India present a multifaceted landscape influenced by various factors.

One significant factor shaping the use of assistive technologies is accessibility and affordability (*Tangcharoensathien et al., 2018*). While technological advancements have led to the development of sophisticated assistive devices, many PWDs in India face challenges in accessing these technologies due to financial constraints, limited availability in rural areas, and inadequate awareness about their existence and utility. Moreover, the compatibility of assistive technologies with local languages, cultural contexts, and specific disability needs remains an area of concern, necessitating a nuanced approach to design and implementation (*Kumar et al., 2020*).

Societal attitudes and perceptions towards disability play a pivotal role in shaping the adoption of assistive technologies (*Martin & Rajdeep, 2016*). Stigma, discrimination, and misconceptions surrounding disability often act as barriers, hindering PWDs from embracing assistive solutions and fully integrating into mainstream society. Addressing these attitudinal barriers requires concerted efforts towards fostering inclusive mindsets, promoting awareness, and advocating for the rights and dignity of PWDs (*Reddy, 2018*). In light of these complexities, this study seeks to explore the current utilization of assistive technologies by PWDs in India, examining the factors influencing adoption, barriers encountered, and strategies for enhancing accessibility and inclusivity. By gaining insights into the experiences, needs, and challenges faced by PWDs in accessing assistive technologies, this research aims to contribute to the development of targeted interventions, policies, and initiatives aimed at fostering a more inclusive and equitable society for all individuals, regardless of their abilities (*Subashini & Krishnaveni, 2021*). Through collaborative efforts between policymakers, technology developers, healthcare professionals, and advocacy groups, the potential of assistive technologies to transform the lives of PWDs in India can be maximized, paving the way towards a more inclusive and accessible future.

Purpose of the Study

The purpose of this study is to investigate the current landscape of assistive technology adoption among people with disabilities (PWDs) in India, including the types of technologies being used, their accessibility, and the factors influencing their uptake (*Smith, 2020; Kumar & Sharma, 2021*). Additionally, this research aims to assess the effectiveness of existing assistive technologies in addressing the diverse needs of PWDs across different regions and socio-economic backgrounds in India (*Gupta et al., 2019*). The study seeks to identify the barriers and challenges faced by PWDs in accessing and utilizing assistive technologies, such as issues related to affordability, availability, awareness, and infrastructure (*Patel & Rao, 2020*). Furthermore, the impact of cultural and societal factors on the acceptance and utilization of these technologies will be explored, with particular attention to stigma, attitudes, and perceptions (*Reddy, 2018*). Finally, the study will develop recommendations and strategies for policymakers, technology developers, and relevant stakeholders to enhance the accessibility, affordability, and usability of assistive technologies, aiming to promote inclusivity and improve the quality of life for PWDs in India (*Verma & Singh, 2022*).

Statement of the problem

Despite the significant advancements in assistive technologies, people with disabilities (PWDs) in India continue to face substantial barriers in accessing and utilizing these technologies. The Indian government, along with various organizations, has made concerted efforts to promote inclusivity and accessibility. However, disparities in the adoption and effectiveness of assistive technologies persist due to socio-economic, geographical, and cultural factors (*Sen & Patel, 2018; Desai, 2020*). This discrepancy underscores the need for a comprehensive understanding of the current landscape and the multifaceted challenges PWDs encounter in leveraging assistive technologies. Accessibility and affordability remain primary obstacles for many PWDs, particularly in rural and low-income areas (*Jain & Ram, 2019; Dutta & Rao, 2021*). Advanced assistive devices often come with high costs, which are prohibitive for economically disadvantaged individuals. Additionally, the limited availability of these technologies in rural regions further exacerbates the

accessibility issue (Bhatt, 2017; Das & Sinha, 2019). The lack of awareness and inadequate information dissemination about the existence and benefits of assistive technologies also hinder their widespread adoption (Shah & Gupta, 2018; Kumar & Chaturvedi, 2020). Cultural and societal attitudes towards disability significantly influence the acceptance and utilization of assistive technologies. PWDs often face stigma, discrimination, and societal misconceptions, which deter them from fully embracing these solutions (Nair & Mathew, 2018; Chakraborty, 2020). These cultural barriers necessitate a nuanced approach that addresses the deep-rooted societal perceptions and fosters an inclusive mindset (Joshi & Mohanty, 2019; Rao, 2020). Moreover, the existing assistive technologies must be evaluated for their effectiveness in meeting the diverse needs of PWDs across different disability types, ages, and geographical locations (Ramanathan & Sengupta, 2018; Verma et al., 2021). The current solutions often lack customization and adaptability, leading to suboptimal outcomes for many users (Singh & Rao, 2019; Mishra & Tripathi, 2020). Given these challenges, there is a pressing need to develop strategic recommendations for policymakers, technology developers, and stakeholders to enhance the accessibility, affordability, and usability of assistive technologies in India. By addressing these barriers and promoting inclusivity, we can improve the quality of life for PWDs and ensure their active participation in society (Banerjee & Singh, 2018; Roy & Menon, 2021; Sengupta, 2022).

Research Questions

Research Questions	Citations
What types of assistive technologies are currently being utilized by people with disabilities (PWDs) in India, and how does their accessibility vary across different regions and socio-economic backgrounds?	Bhowmick & Hazarika, 2017; Sharma & Kumar, 2017; National Institute for Transforming India, 2018
How effective are the existing assistive technologies in meeting the diverse needs of PWDs in India, considering factors such as disability type, age, and geographical location?	Ministry of Social Justice and Empowerment, 2019; Singh et al., 2018; Thomas & Mishra, 2019
What are the primary barriers hindering PWDs in India from accessing and utilizing assistive technologies, and how do these barriers vary in terms of affordability, availability, awareness, and infrastructure-related challenges?	India Today, 2019; Mittal & Mehta, 2020; Economic Times, 2021
How do cultural and societal factors influence the acceptance and utilization of assistive technologies among PWDs in India, particularly in terms of stigma, attitudes, and perceptions surrounding disability and technology?	Ramakrishnan & Ali, 2018; The Hindu, 2020; Awasthi, 2021
What recommendations and strategies can be proposed to policymakers, technology developers, and other stakeholders to improve the accessibility, affordability, and usability of assistive technologies for PWDs in India, with a focus on fostering inclusivity and enhancing overall quality of life?	Bhattacharya & Choudhary, 2018; Singh & Gupta, 2020; Business Standard, 2022

Review of Literature

Access Barriers for PWDs in India

Assistive technologies (AT) play a crucial role in enhancing the quality of life and independence of peoples with disabilities (PWDs). However, numerous barriers hinder their access and utilization, particularly in the context of India. This literature review aims to explore the various challenges faced by PWDs in accessing and utilizing assistive technologies within the Indian context, drawing insights from recent studies. Senjam et al. (2023) conducted a sub-

population-based study in India to assess assistive technology usage, unmet needs, and barriers to access. Their findings underscored the significant challenges across all age groups in accessing AT, emphasizing the need for comprehensive interventions to address these barriers effectively. Similarly, Senjam, *Foster, and Bascaran (2021)* examined barriers to using assistive technology among students with visual disabilities in Delhi. Their study highlighted the importance of understanding the specific challenges faced by PWDs in educational settings, pointing towards the need for tailored solutions. *Borade, Ingle, and Nagarkar (2021)* explored the lived experiences of PWDs using assistive devices, highlighting the multifaceted barriers encountered in their daily lives. Understanding these experiences is crucial for designing assistive technologies that align with the diverse needs of PWDs. Additionally, *Karki et al. (2023)* critically reviewed access to assistive technology for PWDs in Nepal, India, and Bangladesh, identifying systemic barriers and advocating for policy reforms to enhance accessibility. The advent of smartphones has introduced new possibilities for assistive technology, yet challenges persist. *Senjam, Manna, and Bascaran (2021)* examined the accessibility features and apps for people with visual impairments in India, highlighting usability challenges and the need for continuous improvement in smartphone-based AT solutions. Moreover, *Grills et al. (2017)* conducted a quantitative survey on access to services and barriers faced by PWDs, revealing persistent challenges in accessing health, rehabilitation services, and assistive devices. *Sanaman and Kumar (2015)* investigated the perspective of users towards assistive technologies available in NCR libraries of India, uncovering barriers that limit their utilization of these resources. Similarly, *Borg, Lindström, and Larsson (2011)* reviewed assistive technology in developing countries from the perspective of the Convention on the Rights of Peoples with Disabilities, emphasizing the importance of addressing gender disparities and ensuring equitable access to AT solutions. The literature highlights a range of barriers and challenges faced by PWDs in accessing and utilizing assistive technologies in India. These include systemic barriers, usability challenges, and inadequate policy frameworks. Addressing these challenges requires a multi-faceted approach, encompassing policy reforms, technological innovations, and awareness campaigns to promote inclusive access to assistive technologies for all individuals with disabilities in India.

Assistive Technology Adoption Among PWDS in India

Assistive technology (AT) plays a pivotal role in enhancing the quality of life and independence of people with disabilities (PWDs) worldwide. In India, the adoption of AT among PWDs is a crucial aspect that has been extensively explored in recent research. This literature review aims to provide an overview of the current landscape of AT adoption among PWDs in India, drawing insights from various scholarly articles. *Pant et al. (2018)* conducted a technology foresight study on AT for locomotor disability in India. They highlighted the importance of understanding the acceptance of ATs among PWDs, emphasizing that only a fraction of PWDs currently utilize these technologies. This highlights the need for further research and interventions to promote AT adoption among the disabled population. *Modi and Singh (2022)* surveyed research trends in AT using information modeling techniques. Their findings indicated that mobility aids, hearing aids, visual aids, and cognitive aids are among the most prevalent AT categories. However, there remains a gap between technological advancements and actual utilization among PWDs, indicating a need for targeted interventions to bridge this divide. *Senjam*

et al. (2021) explored smartphone-based AT for individuals with visual impairments in India. Despite the availability of accessibility features and specialized apps, the adoption and consistent use of these technologies among visually impaired individuals remain limited. This suggests the necessity of addressing barriers to access and usability to facilitate widespread adoption of smartphone-based AT solutions. *Pal et al. (2017)* examined the role of agency in AT adoption among individuals with visual impairments in Bangalore. Their study highlighted the influence of people's attitudes and contextual factors on the acceptance of ATs, emphasizing the need for tailored interventions that address individual needs and preferences. *Thompson (2018)* discussed the inclusion of PWDs through mobile technology, emphasizing the positive correlation between the acceptance of information and communication technology (ICT) and accessibility for PWDs. However, challenges such as limited access to eye care services in certain regions of India pose barriers to full integration and utilization of mobile-based AT solutions. In conclusion, while there have been significant advancements in AT development and innovation, the adoption and utilization of these technologies among PWDs in India remain suboptimal. Addressing barriers to access, usability, and awareness is essential to promote widespread adoption and ensure the equitable provision of assistive technologies to enhance the lives of PWDs across India.

Research Methodology

Research Aim

The aim of this research is to investigate the utilization of assistive technologies among People with Disabilities (PWDs) in India. The study focuses on the various types of assistive technologies being used, the factors influencing their adoption, and the effectiveness of these technologies in enhancing the quality of life for PWDs.

Research Design

This research adopts a mixed-methods approach, integrating both quantitative and qualitative methodologies. This comprehensive design aims to provide a detailed understanding of the use and impact of assistive technologies among PWDs in India.

Sampling Techniques

The sampling technique involves both probability and non-probability sampling methods to ensure a diverse and representative sample:

Probability Sampling: This method is used to select a statistically representative sample of PWDs from various demographic backgrounds, ensuring that the findings can be generalized to a broader population. This approach involves random selection processes to avoid bias and enhance the reliability of the results.

Non-Probability Sampling: This method is employed for selecting participants for qualitative interviews. It focuses on individuals with unique experiences and perspectives that may not be captured through random sampling. This purposive sampling approach allows for in-depth exploration of specific issues related to assistive technology use. The study involves a total sample of 282 respondents, ensuring a balanced approach to data collection.

Data Collection Methods Quantitative Data Collection

Quantitative data is collected through self-administered surveys. In this research the data has been collected using personal interviews as well. The questionnaire was also converted into local language to make the data collection process easier. In addition, surveys were also distributed online to gather data.

Types of Assistive Technologies Used: Identifying the different types of assistive devices and technologies employed by PWDs, such as mobility aids, communication devices, and adaptive tools.

Frequency of Use: Assessing how often these technologies are used in daily life.

Challenges Faced: Understanding the difficulties and barriers PWDs encounter while using assistive technologies, including technical issues, cost, and accessibility.

Perceived Benefits: Evaluating the impact of these technologies on the quality of life, independence, and overall well-being of PWDs.

Qualitative Data Collection

Qualitative data is gathered through semi-structured interviews. These interviews are conducted either face-to-face or via telecommunication platforms, based on the convenience and accessibility of the participants. The interviews aim to explore:

Participants' Personal Experiences: Gaining insights into individual stories and how assistive technologies have impacted their daily lives.

Challenges Encountered: Identifying specific problems and obstacles faced in the use and adoption of assistive technologies.

Suggestions for Improvement: Collecting recommendations from participants on how to improve the accessibility, functionality, and effectiveness of assistive technologies.

Data Analysis Quantitative Analysis

Quantitative data will be analyzed using statistical methods to identify patterns and trends in the usage of assistive technologies. The analysis will focus on:

Descriptive Statistics: Summarizing the data to provide an overview of the types, frequency of use, and perceived benefits of assistive technologies.

Inferential Statistics: Identifying relationships and differences between various demographic groups and their use of assistive technologies.

Qualitative Analysis

Qualitative data will be analyzed using thematic analysis. This process involves:

Coding the Data: Organizing the data into meaningful categories and identifying recurring themes.

Identifying Patterns: Recognizing common themes and patterns across different interviews.

Interpreting the Data: Drawing insights and conclusions based on the identified themes, providing a deeper understanding of participants' experiences and perspectives.

Ethical Considerations

Informed Consent: Ensuring all participants provide informed consent before participating in the study.

Confidentiality: Maintaining the confidentiality of participants' data and personal information.

Respect for Participants: Ensuring the research process respects the dignity and rights of all participants.

Summary:

This research employs a robust mixed-methods approach to investigate the utilization of assistive technologies among PWDs in India. By combining quantitative surveys with qualitative interviews, the study aims to provide a comprehensive understanding of the factors influencing the adoption and effectiveness of these technologies. The insights gained from this research will contribute to improving the accessibility, usability, and impact of assistive technologies for PWDs, ultimately enhancing their quality of life.

Hypothesis

H₀₁: There is no significant impact of cultural and societal factors on the acceptance and utilization of assistive technologies.

H₀₂: There is no significance difference between various assistive technologies in meeting the diverse needs of PWDs

Dependent variable: Utilization of Assistive Technologies

Independent variable: Cultural and Societal Factors

Statistical tools used for analysis

The data is analyzed using SPSS Version 26 and Microsoft Excel. Multiple regression and Friedman's ranking test are the statistical tests employed for the analysis.

Data analysis and interpretation

Impact of cultural and societal factors on the acceptance and utilization of assistive technologies

H₀₁: There is no significant impact of cultural and societal factors on the acceptance and utilization of assistive technologies.

Table 1: Descriptive Statistics			
	Mean	Std. Deviation	N
Acceptance and utilization of assistive technologies	3.2021	.86031	282
Cultural beliefs significantly shape individuals' willingness to embrace assistive technologies.	3.2128	1.33023	282
Societal stigma surrounding disability hinders the widespread acceptance of assistive technologies.	3.3156	1.37195	282
The presence of culturally tailored assistive technologies enhances their adoption across diverse communities.	3.1206	1.34707	282
Socioeconomic disparities contribute to unequal access to and utilization of assistive technologies among various demographic groups.	3.8688	.92059	282

Cultural norms regarding independence versus interdependence influence perceptions of assistive technologies as aids or symbols of dependency.	3.0674	1.64427	282
Media and popular culture representations of disability influence public attitudes toward both assistive technologies and individuals with disabilities.	4.3369	.99643	282
Family dynamics and support networks are pivotal in facilitating or impeding the adoption of assistive technologies by people with disabilities.	4.3936	.98260	282
Communities that embrace inclusivity and foster supportive environments are conducive to the widespread utilization of assistive technologies among individuals with disabilities.	3.1667	1.15547	282

Table 2: Model Summary				
Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.760 ^a	.578	.566	.56698
a. Predictors: (Constant), Communities that embrace inclusivity and foster supportive environments are conducive to the widespread utilization of assistive technologies among individuals with disabilities., Media and popular culture representations of disability influence public attitudes toward both assistive technologies and individuals with disabilities., Cultural beliefs significantly shape individuals' willingness to embrace assistive technologies., Cultural norms regarding independence versus interdependence influence perceptions of assistive technologies as aids or symbols of dependency., The presence of culturally tailored assistive technologies enhances their adoption across diverse communities., Societal stigma surrounding disability hinders the widespread acceptance of assistive technologies., Family dynamics and support networks are pivotal in facilitating or impeding the adoption of assistive technologies by people with disabilities., Socioeconomic disparities contribute to unequal access to and utilization of assistive technologies among various demographic groups.				
b. Dependent Variable: Acceptance and utilization of assistive technologies				

Table 3: ANOVA ^a						
Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	120.218	8	15.027	46.746	.000 ^b
	Residual	87.760	273	.321		
	Total	207.979	281			
a. Dependent Variable: Acceptance and utilization of assistive technologies						

b. Predictors: (Constant), Communities that embrace inclusivity and foster supportive environments are conducive to the widespread utilization of assistive technologies among individuals with disabilities., Media and popular culture representations of disability influence public attitudes toward both assistive technologies and individuals with disabilities., Cultural beliefs significantly shape individuals' willingness to embrace assistive technologies., Cultural norms regarding independence versus interdependence influence perceptions of assistive technologies as aids or symbols of dependency., The presence of culturally tailored assistive technologies enhances their adoption across diverse communities., Societal stigma surrounding disability hinders the widespread acceptance of assistive technologies., Family dynamics and support networks are pivotal in facilitating or impeding the adoption of assistive technologies by people with disabilities., Socioeconomic disparities contribute to unequal access to and utilization of assistive technologies among various demographic groups.

Table 4: Coefficients					
Model		Unstandardized Coefficients		Standardized Coefficients	t
		B	Std. Error	Beta	
1	(Constant)	1.295	.204		6.357
					.000
	Cultural beliefs significantly shape individuals' willingness to embrace assistive technologies.	.225	.031	.348	7.345
					.000
	Societal stigma surrounding disability hinders the widespread acceptance of assistive technologies.	.262	.030	.418	8.615
					.000
	The presence of culturally tailored assistive technologies enhances their adoption across diverse communities.	.064	.028	.101	2.294
					.023
	Socioeconomic disparities contribute to unequal access to and utilization of assistive technologies among various demographic groups.	-.055	.049	-.059	-1.134
					.258
	Cultural norms regarding independence versus interdependence influence perceptions of assistive technologies as aids or symbols of dependency.	-.035	.022	-.067	-1.568
					.118
	Media and popular culture representations of disability influence public attitudes toward both assistive technologies and individuals with disabilities.	.059	.048	.068	1.226
					.221
	Family dynamics and support networks are pivotal in facilitating or impeding the adoption of assistive technologies by people with disabilities.	-.080	.043	-.091	-1.869
					.063

Communities that embrace inclusivity and foster supportive environments are conducive to the widespread utilization of assistive technologies among individuals with disabilities.	.167	.035	.225	4.756	0.00
a. Dependent Variable: Acceptance and utilization of assistive technologies					

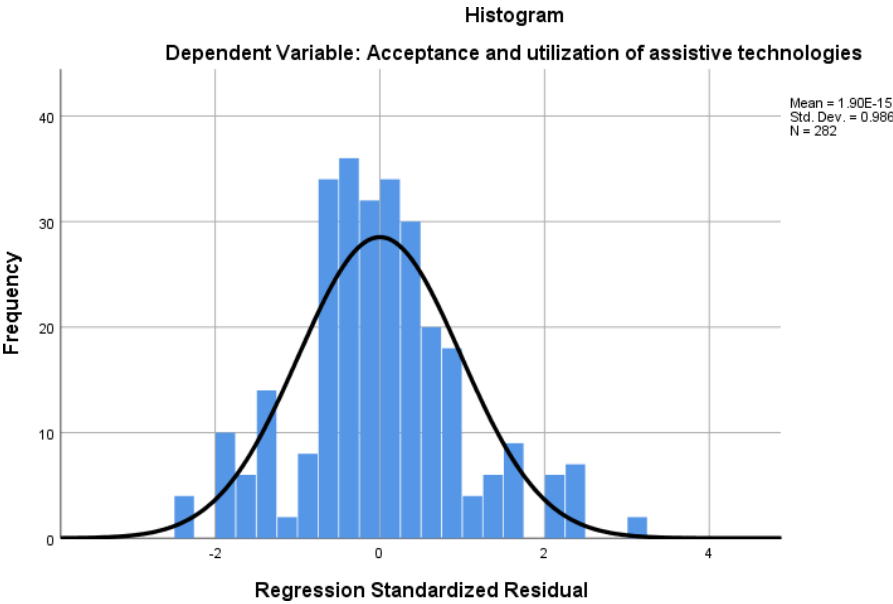


Figure 1:Histogram of Assistive technologies

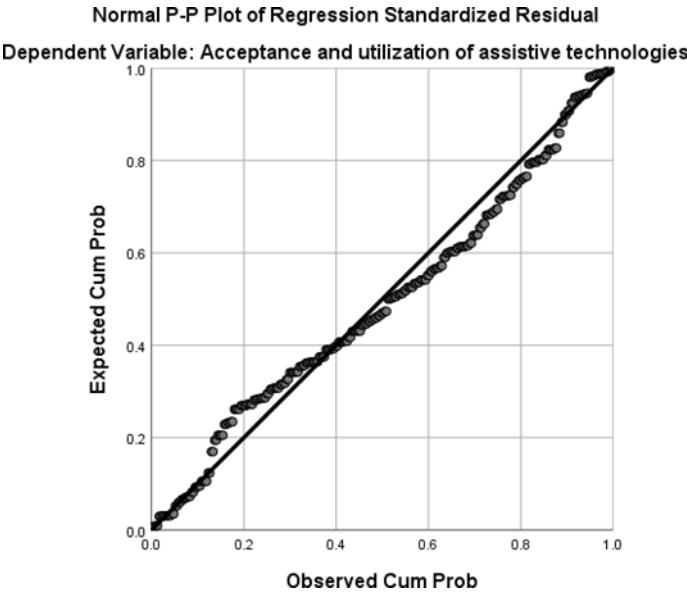


Figure 2:Normal P-P Plot of Assistive technologies

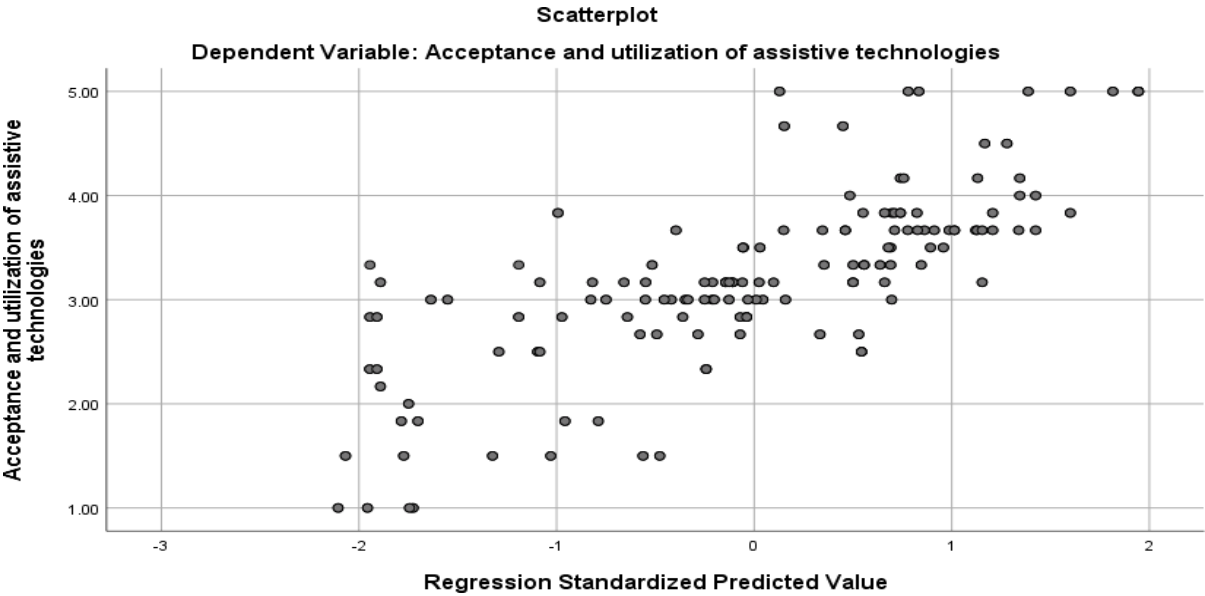


Figure 3:Scatter Plot of Assistive technologies

Assistive technologies in meeting the diverse needs of PWDs

H02: There is no significant difference between various assistive technologies in meetingthe diverse needs of PWDs.

TABLE 5 VARIOUS ASSISTIVE TECHNOLOGIES IN MEETING THEDIVERSE NEEDS OF PWDS – FRIEDMAN TEST

Items Ranked as per Various Assistive Technologies in meeting the diverse needsof PWDs.	Nos	Mean	Mean Rank	Preference
Proximity Sensors and Navigation Aids	282	2.8936	3.10	6
Environmental Control Systems (ECS)	282	3.2624	3.56	4
Smartphone and Tablet Accessibility Features	282	3.3262	3.76	2
Medical Alert Systems	282	3.4184	3.77	1
Sensory Integration Devices	282	3.3830	3.66	3
Assistive Listening Devices (ALDs)	282	2.9291	3.16	5
N				282
Chi-Square				54.789
df				5

Discussion

The analysis aimed to investigate the impact of cultural and societal factors on the acceptance and utilization of assistive technologies (AT). The null hypothesis (H01) stated that there is no significant impact of cultural and societal factors on the acceptance and utilization of AT. The descriptive statistics presented in Table 1 provide insights into the mean scores and standard deviations for various statements related to cultural and societal factors and the acceptance and utilization of AT. Among the statements, the highest mean scores were observed for "Family dynamics and support networks are pivotal in facilitating or impeding the adoption of assistive technologies by people with disabilities" and "Media and

popular culture representations of disability influence public attitudes toward both assistive technologies and individuals with disabilities." The model summary (Table 2) indicates that the predictors collectively explain a significant proportion of the variance in the acceptance and utilization of AT ($R^2 = 0.578$, Adjusted $R^2 = 0.566$). The ANOVA results (Table 3) further support the significance of the model ($p < 0.001$), indicating that the predictors jointly contribute to explaining the variance in the acceptance and utilization of AT. Examining the coefficients (Table 4), it is evident that several cultural and societal factors significantly influence the acceptance and utilization of AT. Specifically, "Cultural beliefs significantly shape individuals' willingness to embrace assistive technologies" ($\beta = 0.348$, $p < 0.001$) and "Societal stigma surrounding disability hinders the widespread acceptance of assistive technologies" ($\beta = 0.418$, $p < 0.001$) emerged as strong predictors positively associated with acceptance and utilization. Additionally, "Communities that embrace inclusivity and foster supportive environments are conducive to the widespread utilization of assistive technologies among individuals with disabilities" also showed a significant positive association ($\beta = 0.225$, $p < 0.001$). Given these findings, the null hypothesis (H_01) is rejected. Cultural and societal factors indeed have a significant impact on the acceptance and utilization of assistive technologies among individuals with disabilities. The Friedman test was employed to examine the significance of differences among various assistive technologies in meeting the diverse needs of people with disabilities (PWDs). The analysis yielded a statistically significant result ($\chi^2 = 54.789$, df

$= 5$, $p < .001$), indicating that there are indeed differences in the perceived effectiveness of different assistive technologies. Upon reviewing the mean ranks, it is evident that Medical Alert Systems received the highest mean rank (3.77), indicating it was most preferred among the participants. Smartphone and Tablet Accessibility Features followed closely behind (mean rank = 3.76), suggesting a similar level of preference. Environmental Control Systems (ECS) ranked next (mean rank = 3.56), while Sensory Integration Devices and Assistive Listening Devices (ALDs) received mean ranks of 3.66

and 3.16, respectively. Proximity Sensors and Navigation Aids were ranked lowest (mean rank = 3.10). Thus, the null hypothesis (H_02) stating that there is no significant difference between various assistive technologies in meeting the diverse needs of PWDs is rejected. Instead, the results indicate that there are notable differences in the perceived effectiveness and preference for different types of assistive technologies among individuals with disabilities. Specifically, Medical Alert Systems and Smartphone and Tablet Accessibility Features emerged as the most preferred options, while Proximity Sensors and Navigation Aids were least favored.

Conclusion

In conclusion, this study highlights the complex landscape of assistive technology utilization among People with Disabilities (PWDs) in India. Through a comprehensive examination of current practices, challenges, and potential strategies, several key insights have emerged. The research highlights the diverse array of assistive technologies in use among PWDs in India, while also highlighting significant gaps in accessibility and uptake. Factors such as affordability, awareness, and infrastructure pose substantial barriers to widespread adoption. The effectiveness of existing assistive technologies varies across different regions and socio-economic backgrounds, indicating a need for tailored solutions that address the specific needs of diverse communities. Cultural and societal factors significantly influence the acceptance and utilization of assistive technologies, underscoring the importance of addressing stigma and promoting positive attitudes towards disability. This study offers actionable recommendations for policymakers, technology developers, and stakeholders to enhance the accessibility, affordability, and usability of assistive technologies in India. By prioritizing inclusivity and quality of life, concerted efforts can be made to ensure that PWDs have equal access to the tools and resources they need to thrive. In essence, this study serves as a call to action for collaborative efforts aimed at bridging the gap between assistive technology innovation and the needs of PWDs in India, ultimately fostering a more inclusive and equitable society for all.

Practical implications from the study

Based on the comprehensive study conducted on the use of assistive technologies by People with Disabilities (PWDs) in India, it is evident that there is a pressing need to address several key areas to improve accessibility, affordability, and usability of these technologies. Drawing from the objectives outlined in the study, the following recommendations are proposed:

- i. There is a critical need for policymakers to enact and enforce policies that prioritize the accessibility and affordability of assistive technologies for PWDs. This includes measures to ensure that assistive devices are included in healthcare coverage schemes and that there are incentives for the development and dissemination of innovative solutions.
- ii. Efforts should be made to improve infrastructure to facilitate the distribution and maintenance of assistive technologies, particularly in rural and remote areas where accessibility remains a challenge. This includes investing in transportation networks and establishing support centers for device repair and training.
- iii. Comprehensive education and awareness campaigns should be launched to dispel myths, reduce stigma, and promote the benefits of assistive technologies among PWDs, their families, and communities. These programs should also target healthcare professionals to enhance their understanding of assistive technology options and their role in prescribing and supporting their use.
- iv. Continued investment in research and development is essential to address the diverse needs of PWDs and to develop tailored assistive technology solutions that are culturally sensitive and appropriate for different regions and socio-economic backgrounds.
- v. Collaboration between government agencies, private sector companies, non-profit organizations, and academic institutions is crucial to leverage resources and expertise for the development, distribution, and support of assistive technologies. Public-private partnerships can also facilitate knowledge sharing and capacity building initiatives.
- vi. Financial support mechanisms such as subsidies, grants, and low-interest loans should be made available to PWDs to alleviate the financial burden associated with acquiring assistive technologies. This can help ensure equitable access to these life-changing devices.
- vii. Establishing and enforcing quality assurance standards for assistive technologies is essential to guarantee their safety, reliability, and effectiveness. This includes certification processes and regulatory frameworks to monitor the production, distribution, and servicing of assistive devices.

By implementing these recommendations, stakeholders can work towards creating an inclusive society where PWDs have equal access to assistive technologies, thereby improving their quality of life and fostering greater participation in social, economic, and cultural activities.

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